

FACE MASK HOW-TO'S:

- »»» Wash your hands or use alcohol-based hand sanitizer.
- »»» Check face mask for tears or broken loops.
- »»» Make sure the metallic strip is at the top of the mask.
- »»» If the mask has:
 - Ear loops: Place one loop over each ear.
 - Ties: Tie the upper strings or secure place elastic band in a secure bow against the crown of your head. Tie the bottom strings or in a bow or secure the elastic band near the nape of your neck.
- »»» Mold the bendable metallic upper strip to the shape of your nose.
- »»» Pull the bottom of the mask over your mouth & chin.
- »»» Be sure the mask fits snugly.
- »»» Don't touch the mask once in position.
- »»» If the mask gets soiled or damp, replace it with a new one and repeat steps.

Wash or sanitize hands before and after removing the mask.



DON'T DO THIS



wellness. it's up to us.

April 29, 2020
COMPASS
SENIOR LIVING